



# Turning Point Services Seizure Training

---

Developed By Eric Franklin, RN  
Approved by Lisa Storie, RN  
Updated July 2017



# Purpose

The purpose of this training is to provide general knowledge about seizures/epilepsy and how to care for someone that is experiencing a seizure. This is required training for providing services for any caregiver that is providing care for a client that has a history of seizures.

Please watch the following video provided by  
the Epilepsy Foundation of America

---



# EPILEPSY & SEIZURES

Epilepsy is the tendency to have recurrent seizures.

A seizure is a sudden disturbance in the electrical activity of the brain.

People with developmental disabilities such as cerebral palsy, intellectual disabilities, and autism are at a significantly higher risk for seizures.

The likelihood of seizures increases with the severity of the disability.

Having a seizure does not necessarily mean that a person has epilepsy.

One out of 10 people have just one seizure in their lifetime.

# SIGNS & SYMPTOMS

— Tonic-Clonic (grand mal) – Stiffening and jerking, loss of consciousness; body becomes stiff and rigid then jerks and convulsions start. Temporarily suspended or altered breathing is common. Only lasts a few minutes followed by confusion or sleepiness.

Absence (petit mal) – characterized by a blank stare/look of daydreaming, lasts only a few seconds. May include chewing or blinking. Awareness is lost but returns quickly.

Complex partial – may begin with a trance-like stare and random activities are common such as picking at clothing or lip-smacking as well as twitching in a certain area of the body (usually the same set of actions occur with each seizure). The person is generally unresponsive. Only lasts a few minutes.

# SEIZURE FIRST AID

1. Stay calm and keep the person safe
2. Protect the person from injury – remove nearby objects and put something soft under person's head
3. Roll the person onto his or her side
4. DO NOT put anything into the mouth of a person having a seizure OR try to stop the seizure
5. Time the seizure – if it lasts longer than 5 minutes or if the person is injured, call 911
6. Stay with the person until the seizure is over

## SEEK FURTHER MEDICAL ASSISTANCE IF

---

1. The seizure lasts more than 5 minutes
2. It is a first-time seizure
3. Another seizure starts shortly after one ends
4. The person is pregnant, injured, or has diabetes
5. The seizure happens in water

## NO NEED TO SEEK FURTHER MEDICAL ASSISTANCE IF:

1. You know the person has epilepsy and
2. There are no signs of physical distress and
3. The seizure ends under 5 minutes and
4. Consciousness returns without further incident



# TPS Specific Seizure Training

## Turning Point recognizes 4 levels of seizure care

Level I - History of seizures, but less than 2 seizures in last 12 months. Seizures documented on incident report.

Level II - Two (2) or more seizures annually. Turning Point Services Monthly Seizure Record Form must be utilized and delivered to the responsible QP monthly.

Level III- Seizure/Epilepsy Diagnosis and meet the requirements of Level II and/or have special preventative treatments and/or protocols for seizure management. Requires annual review for the special protocols. Employees must complete separate training modules for special protocols.

Level IV - An acute increase in seizure activity. Will require consultation with RN to determine treatment and/or training.

## TPS Seizure Training

---

All levels are determined and reviewed by the treatment team. All seizure levels require annual training by the caregiver, with level III or higher requiring competency evaluations annually. The comp evals are completed with the RN and can be performed in person or via Computer or other electronic device with video capabilities.

# THE END

---

WE HOPE YOU HAVE FOUND THE SEIZURE TRAINING INFORMATIVE. IF YOU HAVE ANY QUESTION PLEASE ASK YOUR IMMEDIATE SUPERVISOR. PLEASE PROCEED TO THE TURNING POINT HOME PAGE TO COMPLETE THE TEST ASSOCIATED WITH THIS TRAINING. THE LINK CAN BE FOUND AT:

<http://www.turningpointservicesinc.com/employee-training/>